

DANCE MACHINE

making physical activity fun!

New Dance Machine Programme - January to March 2010

PARTY SESSIONS

Minimum charge of £30.00 per party, covers 10 users, plus £3.00 per additional person

DAY	LEVEL	TIME
Monday	Any	3.45 - 4.45 pm
Tuesday - Friday	Any	3.45 - 4.30 pm
	Any	4.45 - 5.30 pm
Saturday	Any	12.30 - 1.15 pm
	Any	2.00 - 2.45 pm

PUBLIC SESSIONS £3.50 per person

DAY	LEVEL	TIME
Monday	Any	6.45 - 7.30pm
Wednesday & Thursday	Any	5.45 - 6.30 pm
Tuesday & Friday	Any	5.45 - 6.30 pm
	Any	6.45 - 7.30 pm
	Any	7.45 - 8.30 pm
Saturday	Any	3.00 - 3.45 pm
	Any	4.00 - 4.45 pm
Sunday	Any	2.15 - 3.00 pm
	Any	3.15 - 4.00 pm
	Any	4.15 - 5.00 pm

Dancematics Fitness Sessions - [Enrolment Required]

DAY	LEVEL	TIME
Thursday	Any	7.00 - 8.00 pm

CONTACT RECEPTION ON 028 8676 3853 FOR FURTHER DETAILS

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